## BUNDANON TRUST PRESENTS **FIFED DAY WASTE. HOW HARD CAN IT BE?**

### WALKS

### Skip Dive the Bush with Diego Bonetto

Bush tucker and weed foraging with Diego Bonetto A.K.A The Weedy One. Be taken on a journey through the Bundanon bush and learn how to forage for wild food and medicine. Ask Diego questions about the plants in your own backyard.

### Tidal Yoga with Monica Mudge

Marine waste education through yoga, games and stories at the Bundanon beach.

### Subterranean Waste Blues



The Bundanon story: Winning Big But Losing Small. How we can achieve some great larger scale environmental outcomes but struggle to achieve the small stuff? Led by Richard Montgomery





### WORKSHOPS

### w/ Bundanon Trust Education Team

#### **Beeswax wraps**

Learn how to make your own take home beeswax wrap and ditch the plastic wrap at home.

### **Boomerang Bag screen printing**

Come and screen print your own take home reusable boomerang bag

### Weaving using recycled materials

Learn weaving techniques to upturn materials into tiny vessels.

#### Kitchen Scrap Kimchi

Learn how to take everyday kitchen scraps and transform them into delicious, spicy, good-foryour-gut kimchi. Liza from Forage — Jervis Bay will also have a range of fermented products to purchase and eat at home.

# REFER TO ONSITE MAP AND SCHEDULE FOR MEETING POINTS, LOCATIONS AND TIMES

### TALKS & ACTIVITIES

#### Homestead and Arthur Boyd studio

Volunteers will be stationed in these areas to answer any questions on Arthur Boyd, his family and the Bundanon story.

### The Dump Zone Performance

Wander up to the amphitheatre for a performance by Eaton Gorge Theatre Company.

### Lunch time forum — lead by students from Kiama High

Young waste warriors will tell their story on how Kiama High and the War on Waste transformed their schools waste management system. They will then open up the floor for a conversation about how hard it can be and the challenges we all face in winning the war on waste.

#### Waste Audit

There will be no bins available at this event. We want YOU to contribute your waste from Field Day into our event waste audit and see just how much is generated in a couple of hours.



### CATERING 10.30AM-3.30PN

#### **POP UP CAFE**

Serving a range of vegetarian morning/afternoon tea and lunch items.

### SHAKY HANDS COFFEE

Serving a selection of delicious Hyper Hyper coffee, hot chocolate and tea.

### DRINKING WATER

A reminder that Bundanon Trust does not sell bottled water. Please bring a re-usable water bottle with you to all our events. Bring your favourite from home, grab one of our 100% compostable bio-cups or buy a stainless steel Bundanon Trust bottle as a keepsake.There will be water stations across the site for refills.

# **BUNDANÓN** TRUST